



Packing List

Ski Trip



On the Slopes

Tops and Bottoms:

- Base layer** – Thin, wicking fabric
- Mid layer** – Fleece vest or pullover
- Outer shell** – Waterproof, but breathable

Accessories:

- Hat, headband
- Neck gaiter, balaclava, mask
- Goggles, sunglasses – UV blocking
- Gloves, mittens
- Ski socks – Thin, warm, non-cotton

Gear:

- Skis and poles
- Snowboard
- Boots
- Helmet
- Gear bag



Après-ski

- Casual tops and bottoms
- Accessories – Scarves, jewelry
- Boots
- Undergarments
- Pajamas
- Swimsuit and cover-up

Miscellaneous

- Daypack
- Refillable water bottle
- ID, medical insurance card
- Sunscreen and lip balm – High SPF
- Hand and foot warmers
- Electronics and charging cords
- Portable power bank for cell phone
- Camera
- Snacks – Protein bars, trail mix, etc.

